

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■	Family/Child Care Environment Rating Scale (FCCERS - R)																	
	Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
	Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>2: Early Moments Matter- Bonding With Your Child: What a lot of us don't know is how invaluable communication with newborns and young children can be. It is not always obvious but the building blocks for emotional security, self-esteem and life-long happiness come together in the very first days, weeks and months of life. How we communicate with our young children is key to their development. Parents, grandparents and early childhood caregivers play key roles in helping build these secure attachments. Even workshop participants with children older than 18 months will find valuable tips from resources from the PBS This Emotional Life toolkit, <i>Early Moments Matter</i>.</p>	● ■	●	● ■		● ■	● ■	● ■	■		■								

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>3: A Picture Book Is Worth a Thousand Words!: Reading is the most important subject in school, and infancy is the perfect time to begin reading aloud to your child. You are your child's primary teacher. Learn strategies for becoming a master story teller, Ten Facts Parents Should Know about Reading, and how to locate the perfect picture book in the PBS Parents Book Finder. Explore helpful hints, activities, and extended projects from Between the Lions to increase your child's interest and comprehension. This workshop focuses on using storytelling to develop a child's language and literacy skills. Many free reading resources will be assembled by participants. So, grab a book and read!</p>				● ■		● ■	● ■	● ■	■		■		●						

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>4: Sesame Workshop's Healthy Teeth, Healthy Me! Teeth Count! Caring for your child's teeth early on is an important part of keeping her whole body healthy. Healthy baby teeth help your child talk, eat healthy foods, and develop strong permanent teeth. Children with healthy teeth are better able to learn in school, maintain strong bodies, feel good about themselves and build lifelong habits. This workshop will focus on tips for meal planning to include foods that build strong teeth as well as preparing children for dental visits.</p>				● ■		● ■	● ■	● ■	■		● ■		● ■	● ■					

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																		
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure					
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)	
<p>6: Sesame Workshop's Healthy habits for Life! Of course, growing bodies need the right fuel to stay active and learn: Help your child "eat a rainbow" of colorful fruits and vegetables to make sure he gets the nutritious foods he needs. Finding exciting ways to make exercise and healthy eating a part of your everyday routine helps your child build good habits for life. By working—and playing—together, you can live every day the healthy way. Workshop participants create a healthy week banner, celebrate movement with the "Choose a Move" poem and play the "Healthy Land" game.</p>			●		●	●	●		■	●	■			●		●	●	●	●	■

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>7: Unlock the PBS Literacy Treasure Chest - Activities to Promote Healthy Habits, Language Development and Parent Advocacy: Did you know that poetry and music encourage language development by teaching rhyming skills? Did you also know that the beat in music teaches children syllables and movement naturally encourages everyone to enjoy the song? Open the PBS Literacy Treasure Chest and explore the beauty of poetry, music and stories. Join a poetry club and practice for a concert with Savannah’s friends by visiting online resources such as Arthur, Fizzy’s Lunch Lab, Sesame Street’s Food for Thought and Mama Mirabelle. See the language benefits of incorporating homemade musical instruments, phonetic games, and nursery rhymes into your child’s early learning experiences. This make ‘n take workshop will provide tools and ideas to develop letter knowledge and phonological awareness skills critical to a youngster’s early literacy, language development, and physical growth.</p>				●	●	●	●	■	●		●			●	●	●			

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>8: Fit as a Fiddle - Exercise & Nutrition! Inform and educate parents and caregivers about healthy food choices and exercise through supported research and fun activities that will place their children on the path of healthy choices for life. Using choosemyplate.gov and understanding food labels, participants will learn to make sense of daily requirements through fun activities. PBS KIDS Fizzy's Lunch Lab includes activities related to understanding carbohydrates and sugars.</p>			●	● ■	●	●	●	●	■	● ■	■			●		●	● ■	●	● ■

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>9: Discovering Literacy Using Media: Today's kids are technology natives. In this workshop we will explore ways to make TV and other media a healthy part of early childhood. This workshop explores how to select appropriate media and make it into an educational experience. What do you do before, during and after watching a TV program or video? What follow-up activities could extend the lessons of the program? How do you select a video game? In addition, explore tips on how to withstand the pressures of TV advertisements, organize a screen time log and create an origami Clifford. Many valuable resources concerning the media will be available.</p>				● ■		●	●	●	■		■			●		●	●	●	

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
10: Sesame Workshop's Food for Thought: Eating Well on a Budget! Learn strategies for coping with uncertain or limited access to affordable, nutritious food and get tips for teaching your child healthy eating habits. Help you and your children feeling good about food, making food fun with the resources you have and Brainstorm food and community opportunities around you.			●	● ■	●	●	●	● ■	■	● ■	■			●		●	● ■	●	● ■

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■		Family/Child Care Environment Rating Scale (FCCERS - R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>11: Super Cyber Safe: How comfortable do you feel allowing your children to use the internet? Explore tips and learn what you can do to make sure your kids are cyber safe. In addition, this final interactive workshop will take you on a journey to KIP, PBS Kids Island as well as other online literacy resources. KIP was developed by Eight, Arizona PBS-ASSET. This program, based on AZ early learning standards provides practice in a wide variety of pre literacy skills. PBS Kids Island provides free reading games and activities for children, parents and caregivers. Children build an online island carnival by playing reading games with PBS KIDS characters. This research-based program guides children through eight different literacy-building levels in which each level builds on the next. So come and get ready to surf!</p>				● ■				■	■	■	■	■	■		●	●	●		

Eight – Arizona PBS Early Literacy Parent Workshop Series

Workshop ● & Childcare ■	Family/Child Care Environment Rating Scale (FCCERS - R)																	
	Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Interacti on	Program Structure				
	Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (7)	Meals/snacks (9)	Helping children understand language (13)	Helping children use language (14)	Using books (15)	Fine Motor (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (25)	Active Physical Play (26)	Supervision of Play & Learning (27)	Schedule (31)	Free Play (32)	Group Time (33)
<p>12: "A Place of Our Own/Los Ninos en Su Casa" Positive Parenting & Conflict Resolution: We often make decisions and solve problems for our children to prevent them from making mistakes. But, an important part of helping your children make good decisions is letting them make reasonable choices during your daily routine. During this workshop, participate in a variety of activities and discussion around problem solving and helping children to express their feelings. Learn how to equip children with feelings language and conduct a variety of activities that allow for children to be active and let out physical energy stored up by strong feelings difficult to articulate when they are not yet able to talk.</p>	● ■	● ■	● ■		● ■	● ■	■	■	■	■	■	● ■	● ■	●	●	●		

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>1: What Are They Thinking? Understanding Your Child’s Brain Development: Did you know that from the moment your child is born, and even before, his brain’s 100 billion cells are already absorbing information? Do you know that early childhood experiences are critical to the emotional and intellectual development of a child? During these early years, 75% of brain growth is completed. Join us for this workshop where we will learn about the fantastic changes taking place in your child’s brain. Understand the importance of early attachment in brain development, test your own “M” space, and learn how to stimulate the brain by building a ball maze with recycled items at home. Many resources will be available including a list of more than 20 online memory games your child can play from programs such as Super WHY! and Arthur.</p>		●		● ■	●	● ■	● ■	■	●			■						

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■	Infant/Toddler Environment Rating Scale (ITERS-R)																
	Space & Furnishings		Personal Care Routines		Listening & Talking			Activities						Program Structure			
	Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>2: Early Moments Matter- Bonding With Your Child: What a lot of us don't know is how invaluable communication with newborns and young children can be. It is not always obvious but the building blocks for emotional security, self-esteem and life-long happiness come together in the very first days, weeks and months of life. How we communicate with our young children is key to their development. Parents, grandparents and early childhood caregivers play key roles in helping build these secure attachments. Even workshop participants with children older than 18 months will find valuable tips from resources from the PBS This Emotional Life toolkit, <i>Early Moments Matter</i>.</p>	●	●	● ■	●	● ■	■	● ■	■			■						

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>3: A Picture Book Is Worth a Thousand Words!: Reading is the most important subject in school, and infancy is the perfect time to begin reading aloud to your child. You are your child’s primary teacher. Learn strategies for becoming a master story teller, Ten Facts Parents Should Know about Reading, and how to locate the perfect picture book in the PBS Parents Book Finder. Explore helpful hints, activities, and extended projects from Between the Lions to increase your child’s interest and comprehension. This workshop focuses on using storytelling to develop a child’s language and literacy skills. Many free reading resources will be assembled by participants. So, grab a book and read!</p>				● ■		● ■	● ■	● ■	■			■		●				

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>4: Sesame Workshop's Healthy Teeth, Healthy Me!: Teeth Count! Caring for your child's teeth early on is an important part of keeping her whole body healthy. Healthy baby teeth help your child talk, eat healthy foods, and develop strong permanent teeth. Children with healthy teeth are better able to learn in school, maintain strong bodies, feel good about themselves and build lifelong habits. This workshop will focus on tips for meal planning to include foods that build strong teeth as well as preparing children for dental visits.</p>				● ■		● ■	● ■	● ■				● ■		● ■	● ■	●		

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>5: I Spy Through Elmo’s Eyes...Literacy Around the House!: Children pick up a lot from the world around them. Find out how PBS characters such as Elmo and Cookie Monster can help parents and children recognize that LEARNING IS EVERYWHERE! Make everyday activities into learning experiences. This workshop focuses on typical early language and emergent literacy skills through a print-rich, literacy-rich environment. Recommendations from the award winning show Between the Lions will be shared. See how easy it is to create inexpensive, print rich crafts and activities. Build literacy and comprehension skills by making your home into a print rich environment.</p>			●	● ■		● ■	● ■	● ■	■		●	● ■						

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>6: Sesame Workshop's Healthy habits for Life! Of course, growing bodies need the right fuel to stay active and learn: Help your child "eat a rainbow" of colorful fruits and vegetables to make sure he gets the nutritious foods he needs. Finding exciting ways to make exercise and healthy eating a part of your everyday routine helps your child build good habits for life. By working—and playing—together, you can live every day the healthy way. Workshop participants create a healthy week banner, celebrate movement with the "Choose a Move" poem and play the "Healthy Land" game.</p>			●	● ■	●	●	●	● ■		● ■		● ■		● ■	●	●	●	● ■

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>7: Unlock the PBS Literacy Treasure Chest - Activities to Promote Healthy Habits, Language Development and Parent Advocacy: Did you know that poetry and music encourage language development by teaching rhyming skills? Did you also know that the beat in music teaches children syllables and movement naturally encourages everyone to enjoy the song? Open the PBS Literacy Treasure Chest and explore the beauty of poetry, music and stories. Join a poetry club and practice for a concert with Savannah’s friends by visiting online resources such as Arthur, Fizzy’s Lunch Lab, Sesame Street’s Food for Thought and Mama Mirabelle. See the language benefits of incorporating homemade musical instruments, phonetic games, and nursery rhymes into your child’s early learning experiences. This make ‘n take workshop will provide tools and ideas to develop letter knowledge and phonological awareness skills critical to a youngster’s early literacy, language development, and physical growth.</p>				● ■	●	● ■	● ■	● ■		●	●	● ■			●	●	●	

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■	Infant/Toddler Environment Rating Scale (ITERS-R)																
	Space & Furnishings		Personal Care Routines		Listening & Talking			Activities						Program Structure			
	Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>8: Fit as a Fiddle - Exercise & Nutrition! Inform and educate parents and caregivers about healthy food choices and exercise through supported research and fun activities that will place their children on the path of healthy choices for life. Using choosemyplate.gov and understanding food labels, participants will learn to make sense of daily requirements through fun activities. PBS KIDS Fizzy's Lunch Lab includes activities related to understanding carbohydrates and sugars.</p>		●	● ■	●	●	●	●		●		●		●	●		●	●

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>9: Discovering Literacy Using Media: Today's kids are technology natives. In this workshop we will explore ways to make TV and other media a healthy part of early childhood. This workshop explores how to select appropriate media and make it into an educational experience. What do you do before, during and after watching a TV program or video? What follow-up activities could extend the lessons of the program? How do you select a video game? In addition, explore tips on how to withstand the pressures of TV advertisements, organize a screen time log and create an origami Clifford. Many valuable resources concerning the media will be available.</p>				● ■		●	●	●				■			●	●	●	

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
10: Sesame Workshop's Food for Thought: Eating Well on a Budget! Learn strategies for coping with uncertain or limited access to affordable, nutritious food and get tips for teaching your child healthy eating habits. Help you and your children feeling good about food, making food fun with the resources you have and Brainstorm food and community opportunities around you.		●	●	●	●	●	●	●		●		●		●	●	●	●	●
			■			■		■		■		■		■				■

Eight – Arizona PBS Early Literacy																		
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure				
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)
<p>11: Super Cyber Safe: How comfortable do you feel allowing your children to use the internet? Explore tips and learn what you can do to make sure your kids are cyber safe. In addition, this final interactive workshop will take you on a journey to KIP, PBS Kids Island as well as other online literacy resources. KIP was developed by Eight, Arizona PBS-ASSET. This program, based on AZ early learning standards provides practice in a wide variety of pre literacy skills. PBS Kids Island provides free reading games and activities for children, parents and caregivers. Children build an online island carnival by playing reading games with PBS KIDS characters. This research-based program guides children through eight different literacy-building levels in which each level builds on the next. So come and get ready to surf!</p>				● ■				■	■			■	■	■	●	●	●	

Eight – Arizona PBS Early Literacy																			
Workshop ● & Childcare ■		Infant/Toddler Environment Rating Scale (ITERS-R)																	
		Space & Furnishings		Personal Care Routines		Listening & Talking			Activities					Program Structure					
		Provision for relaxation & comfort (3)	Room Arrangement (4)	Greeting/Departing (6)	Meals/snacks(7)	Helping children understand language (12)	Helping children use language (13)	Using books (14)	Fine Motor (15)	Active Physical Play (16)	Art (17)	Music & Movement (18)	Blocks (19)	Dramatic Play (20)	Use of TV, video, and/or computer (23)	Schedule (29)	Free Play (30)	Group Time (31)	
<p>12: "A Place of Our Own/Los Ninos en Su Casa" Positive Parenting & Conflict Resolution: We often make decisions and solve problems for our children to prevent them from making mistakes. But, an important part of helping your children make good decisions is letting them make reasonable choices during your daily routine. During this workshop, participate in a variety of activities and discussion around problem solving and helping children to express their feelings. Learn how to equip children with feelings language and conduct a variety of activities that allow for children to be active and let out physical energy stored up by strong feelings difficult to articulate when they are not yet able to talk.</p>		●	●	●		●	●	■	■	●	●	●	■	■	●	●	●	●	■

Eight – Arizona PBS Early Literacy																			
Workshop ● & Childcare ■		Early Childhood Environment Rating Scale (ECERS-R)																	
		Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
		Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>1: What Are They Thinking? Understanding Your Child’s Brain Development: Did you know that from the moment your child is born, and even before, his brain’s 100 billion cells are already absorbing information? Do you know that early childhood experiences are critical to the emotional and intellectual development of a child? During these early years, 75% of brain growth is completed. Join us for this workshop where we will learn about the fantastic changes taking place in your child’s brain. Understand the importance of early attachment in brain development, test your own “M” space, and learn how to stimulate the brain by building a ball maze with recycled items at home. Many resources will be available including a list of more than 20 online memory games your child can play from programs such as Super WHY! and Arthur.</p>		●			● ■	●	■	●	●	●	●		■						

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>2: Early Moments Matter- Bonding With Your Child: What a lot of us don't know is how invaluable communication with newborns and young children can be. It is not always obvious but the building blocks for emotional security, self-esteem and life-long happiness come together in the very first days, weeks and months of life. How we communicate with our young children is key to their development. Parents, grandparents and early childhood caregivers play key roles in helping build these secure attachments. Even workshop participants with children older than 18 months will find valuable tips from resources from the PBS This Emotional Life toolkit, <i>Early Moments Matter</i>.</p>	●	●		● ■	●	■	● ■		● ■	■		■						

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>3: A Picture Book Is Worth a Thousand Words!: Reading is the most important subject in school, and infancy is the perfect time to begin reading aloud to your child. You are your child's primary teacher. Learn strategies for becoming a master story teller, Ten Facts Parents Should Know about Reading, and how to locate the perfect picture book in the PBS Parents Book Finder. Explore helpful hints, activities, and extended projects from Between the Lions to increase your child's interest and comprehension. This workshop focuses on using storytelling to develop a child's language and literacy skills. Many free reading resources will be assembled by participants. So, grab a book and read!</p>				● ■		● ■	● ■		● ■	■		■		●				

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning			Activities					Interaction	Program Structure			
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>4: Sesame Workshop's Healthy Teeth, Healthy Me! Teeth Count! Caring for your child's teeth early on is an important part of keeping her whole body healthy. Healthy baby teeth help your child talk, eat healthy foods, and develop strong permanent teeth. Children with healthy teeth are better able to learn in school, maintain strong bodies, feel good about themselves and build lifelong habits. This workshop will focus on tips for meal planning to include foods that build strong teeth as well as preparing children for dental visits.</p>		●		● ■		● ■	● ■		● ■	■	●	●		● ■	● ■	● ■	● ■	

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>5: I Spy Through Elmo’s Eyes...Literacy Around the House! Children pick up a lot from the world around them. Find out how PBS characters such as Elmo and Cookie Monster can help parents and children recognize that LEARNING IS EVERYWHERE! Make everyday activities into learning experiences. This workshop focuses on typical early language and emergent literacy skills through a print-rich, literacy-rich environment. Recommendations from the award winning show <i>Between the Lions</i> will be shared. See how easy it is to create inexpensive, print rich crafts and activities. Build literacy and comprehension skills by making your home into a print rich environment.</p>		●		● ■		● ■	● ■		● ■	■	●	●						

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure	
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)
<p>6: Sesame Workshop's Healthy habits for Life! Of course, growing bodies need the right fuel to stay active and learn: Help your child "eat a rainbow" of colorful fruits and vegetables to make sure he gets the nutritious foods he needs. Finding exciting ways to make exercise and healthy eating a part of your everyday routine helps your child build good habits for life. By working—and playing—together, you can live every day the healthy way. Workshop participants create a healthy week banner, celebrate movement with the "Choose a Move" poem and play the "Healthy Land" game.</p>		●	●	● ■	●	●	●	●			● ■		● ■	●	● ■	●	●

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>7: Unlock the PBS Literacy Treasure Chest - Activities to Promote Healthy Habits, Language Development and Parent Advocacy: Did you know that poetry and music encourage language development by teaching rhyming skills? Did you also know that the beat in music teaches children syllables and movement naturally encourages everyone to enjoy the song? Open the PBS Literacy Treasure Chest and explore the beauty of poetry, music and stories. Join a poetry club and practice for a concert with Savannah’s friends by visiting online resources such as Arthur, Fizzy’s Lunch Lab, Sesame Street’s Food for Thought and Mama Mirabelle. See the language benefits of incorporating homemade musical instruments, phonetic games, and nursery rhymes into your child’s early learning experiences. This make ‘n take workshop will provide tools and ideas to develop letter knowledge and phonological awareness skills critical to a youngster’s early literacy, language development, and physical growth.</p>			●		●		●		●		●					●	●	●

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>8: Fit as a Fiddle - Exercise & Nutrition! Inform and educate parents and caregivers about healthy food choices and exercise through supported research and fun activities that will place their children on the path of healthy choices for life. Using choosemyplate.gov and understanding food labels, participants will learn to make sense of daily requirements through fun activities. PBS KIDS Fizzy's Lunch Lab includes activities related to understanding carbohydrates and sugars.</p>		●	●	● ■	●	●	●	●	●			● ■	● ■	●	●	●	●	●

Eight – Arizona PBS Early Literacy																				
Workshop ● & Childcare ■			Early Childhood Environment Rating Scale (ECERS-R)																	
			Space & Furnishings			Personal Care Routines		Language-Reasoning			Activities					Interaction	Program Structure			
			Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>9: Discovering Literacy Using Media: Today's kids are technology natives. In this workshop we will explore ways to make TV and other media a healthy part of early childhood. This workshop explores how to select appropriate media and make it into an educational experience. What do you do before, during and after watching a TV program or video? What follow-up activities could extend the lessons of the program? How do you select a video game? In addition, explore tips on how to withstand the pressures of TV advertisements, organize a screen time log and create an origami Clifford. Many valuable resources concerning the media will be available.</p>						●	■	●	●	●			■			●		●	●	

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning			Activities					Interaction	Program Structure			
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>10: Sesame Workshop's Food for Thought: Eating Well on a Budget! Learn strategies for coping with uncertain or limited access to affordable, nutritious food and get tips for teaching your child healthy eating habits. Help you and your children feeling good about food, making food fun with the resources you have and Brainstorm food and community opportunities around you.</p>		●	●	● ■	●	●	●	● ■	●			● ■		● ■	●	● ■	●	●

Eight – Arizona PBS Early Literacy																				
Workshop ● & Childcare ■			Early Childhood Environment Rating Scale (ECERS-R)																	
			Space & Furnishings			Personal Care Routines		Language-Reasoning				Activities					Interaction	Program Structure		
			Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>11: Super Cyber Safe: How comfortable do you feel allowing your children to use the internet? Explore tips and learn what you can do to make sure your kids are cyber safe. In addition, this final interactive workshop will take you on a journey to KIP, PBS Kids Island as well as other online literacy resources. KIP was developed by Eight, Arizona PBS-ASSET. This program, based on AZ early learning standards provides practice in a wide variety of pre literacy skills. PBS Kids Island provides free reading games and activities for children, parents and caregivers. Children build an online island carnival by playing reading games with PBS KIDS characters. This research-based program guides children through eight different literacy-building levels in which each level builds on the next. So come and get ready to surf!</p>						●	■	■						■	■	■	●		●	●

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■ Early Childhood Environment Rating Scale (ECERS-R)

	Space & Furnishings			Personal Care Routines		Language-Reasoning			Activities					Interaction	Program Structure			
	Provision for Relaxation & Comfort (4)	Room Arrangement (4)	Space for gross motor play (7)	Greeting/Departing (9)	Meals/snacks (10)	Books & Pictures (15)	Encouraging children to communicate (16)	Using language to develop reasoning skills (17)	Informal use of language (18)	Fine Motor (19)	Art (20)	Music/Movement (21)	Blocks (22)	Dramatic Play (24)	Use of TV, video, and/or computers (27)	Supervision of gross motor activities (29)	Schedule (34)	Free Play (35)
<p>12: "A Place of Our Own/Los Ninos en Su Casa" Positive Parenting & Conflict Resolution: We often make decisions and solve problems for our children to prevent them from making mistakes. But, an important part of helping your children make good decisions is letting them make reasonable choices during your daily routine. During this workshop, participate in a variety of activities and discussion around problem solving and helping children to express their feelings. Learn how to equip children with feelings language and conduct a variety of activities that allow for children to be active and let out physical energy stored up by strong feelings difficult to articulate when they are not yet able to talk.</p>	● ■	● ■		● ■		■	● ■	● ■			● ■	■	■	● ■	●		● ■	●

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■		Arizona Early Learning Standards															
		Social Emotional Standard		Language & Literacy Standard				Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts				
		Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>1: What Are They Thinking? Understanding Your Child’s Brain Development: Did you know that from the moment your child is born, and even before, his brain’s 100 billion cells are already absorbing information? Do you know that early childhood experiences are critical to the emotional and intellectual development of a child? During these early years, 75% of brain growth is completed. Join us for this workshop where we will learn about the fantastic changes taking place in your child’s brain. Understand the importance of early attachment in brain development, test your own “M” space, and learn how to stimulate the brain by building a ball maze with recycled items at home. Many resources will be available including a list of more than 20 online memory games your child can play from programs such as Super WHY! and Arthur.</p>		●	●	●						●							

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Arizona Early Learning Standards

	Social Emotional Standard	Language & Literacy Standard						Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts			
	Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>2: Early Moments Matter- Bonding With Your Child: What a lot of us don't know is how invaluable communication with newborns and young children can be. It is not always obvious but the building blocks for emotional security, self-esteem and life-long happiness come together in the very first days, weeks and months of life. How we communicate with our young children is key to their development. Parents, grandparents and early childhood caregivers play key roles in helping build these secure attachments. Even workshop participants with children older than 18 months will find valuable tips from resources from the PBS This Emotional Life toolkit, <i>Early Moments Matter</i>.</p>	● ■		● ■	● ■		● ■	● ■			■						

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Arizona Early Learning Standards

	Social Emotional Standard	Language & Literacy Standard						Physical Development, Health & Safety Standard			Social Studies Standard	Fine Arts				
	Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>3: A Picture Book Is Worth a Thousand Words! Reading is the most important subject in school, and infancy is the perfect time to begin reading aloud to your child. You are your child's primary teacher. Learn strategies for becoming a master story teller, Ten Facts Parents Should Know about Reading, and how to locate the perfect picture book in the PBS Parents Book Finder. Explore helpful hints, activities, and extended projects from Between the Lions to increase your child's interest and comprehension. This workshop focuses on using storytelling to develop a child's language and literacy skills. Many free reading resources will be assembled by participants. So, grab a book and read!</p>	● ■		● ■	● ■	●	● ■	● ■			■			● ■		● ■	

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■		Arizona Early Learning Standards															
		Social Emotional Standard		Language & Literacy Standard				Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts				
		Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
4: Sesame Workshop's Healthy Teeth, Healthy Me! Teeth Count! Caring for your child's teeth early on is an important part of keeping her whole body healthy. Healthy baby teeth help your child talk, eat healthy foods, and develop strong permanent teeth. Children with healthy teeth are better able to learn in school, maintain strong bodies, feel good about themselves and build lifelong habits. This workshop will focus on tips for meal planning to include foods that build strong teeth as well as preparing children for dental visits.		● ■		● ■	● ■		● ■				■						

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Arizona Early Learning Standards

Social Emotional Standard	Language & Literacy Standard			Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts						
Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>5: I Spy Through Elmo's Eyes...Literacy Around the House! Children pick up a lot from the world around them. Find out how PBS characters such as Elmo and Cookie Monster can help parents and children recognize that LEARNING IS EVERYWHERE! Make everyday activities into learning experiences. This workshop focuses on typical early language and emergent literacy skills through a print-rich, literacy-rich environment. Recommendations from the award winning show Between the Lions will be shared. See how easy it is to create inexpensive, print rich crafts and activities. Build literacy and comprehension skills by making your home into a print rich environment.</p>	● ■	● ■	● ■					■							

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Arizona Early Learning Standards

	Social Emotional Standard	Language & Literacy Standard						Physical Development, Health & Safety Standard				Social Studies Standard		Fine Arts		
	Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>6: Sesame Workshop's Healthy habits for Life! Of course, growing bodies need the right fuel to stay active and learn: Help your child "eat a rainbow" of colorful fruits and vegetables to make sure he gets the nutritious foods he needs. Finding exciting ways to make exercise and healthy eating a part of your everyday routine helps your child build good habits for life. By working—and playing—together, you can live every day the healthy way. Workshop participants create a healthy week banner, celebrate movement with the "Choose a Move" poem and play the "Healthy Land" game.</p>	● ■	● ■	●	●				● ■	● ■	● ■	● ■	●	●	● ■		

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■		Arizona Early Learning Standards															
		Social Emotional Standard		Language & Literacy Standard				Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts				
		Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>7: Unlock the PBS Literacy Treasure Chest - Activities to Promote Healthy Habits, Language Development and Parent Advocacy: Did you know that poetry and music encourage language development by teaching rhyming skills? Did you also know that the beat in music teaches children syllables and movement naturally encourages everyone to enjoy the song? Open the PBS Literacy Treasure Chest and explore the beauty of poetry, music and stories. Join a poetry club and practice for a concert with Savannah’s friends by visiting online resources such as Arthur, Fizzy’s Lunch Lab, Sesame Street’s Food for Thought and Mama Mirabelle. See the language benefits of incorporating homemade musical instruments, phonetic games, and nursery rhymes into your child’s early learning experiences. This make ‘n take workshop will provide tools and ideas to develop letter knowledge and phonological awareness skills critical to a youngster’s early literacy, language development, and physical growth.</p>		● ■		● ■	● ■				●	●	● ■						

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■		Arizona Early Learning Standards															
		Social Emotional Standard		Language & Literacy Standard				Physical Development, Health & Safety Standard				Social Studies Standard		Fine Arts			
		Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
8: Fit as a Fiddle - Exercise & Nutrition! Inform and educate parents and caregivers about healthy food choices and exercise through supported research and fun activities that will place their children on the path of healthy choices for life. Using choosemyplate.gov and understanding food labels, participants will learn to make sense of daily requirements through fun activities. PBS KIDS Fizzy's Lunch Lab includes activities related to understanding carbohydrates and sugars.		●	●	●	●				●	●	●	●	●	●		●	
		■	■						■	■	■	■				■	

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Arizona Early Learning Standards

	Social Emotional Standard	Language & Literacy Standard						Physical Development, Health & Safety Standard			Social Studies Standard	Fine Arts				
	Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>9: Discovering Literacy Using Media: Today's kids are technology natives. In this workshop we will explore ways to make TV and other media a healthy part of early childhood. This workshop explores how to select appropriate media and make it into an educational experience. What do you do before, during and after watching a TV program or video? What follow-up activities could extend the lessons of the program? How do you select a video game? In addition, explore tips on how to withstand the pressures of TV advertisements, organize a screen time log and create an origami Clifford. Many valuable resources concerning the media will be available.</p>	● ■		●	●						● ■	●	●				

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■

Arizona Early Learning Standards

	Social Emotional Standard	Language & Literacy Standard						Physical Development, Health & Safety Standard				Social Studies Standard		Fine Arts		
	Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>10: Sesame Workshop's Food for Thought: Eating Well on a Budget! Learn strategies for coping with uncertain or limited access to affordable, nutritious food and get tips for teaching your child healthy eating habits. Help you and your children feeling good about food, making food fun with the resources you have and Brainstorm food and community opportunities around you.</p>	● ■	● ■	●	●				● ■	● ■	● ■	● ■	●	●		● ■	

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■		Arizona Early Learning Standards															
		Social Emotional Standard		Language & Literacy Standard				Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts				
		Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self-Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>11: Super Cyber Safe: How comfortable do you feel allowing your children to use the internet? Explore tips and learn what you can do to make sure your kids are cyber safe. In addition, this final interactive workshop will take you on a journey to KIP, PBS Kids Island as well as other online literacy resources. KIP was developed by Eight, Arizona PBS-ASSET. This program, based on AZ early learning standards provides practice in a wide variety of pre literacy skills. PBS Kids Island provides free reading games and activities for children, parents and caregivers. Children build an online island carnival by playing reading games with PBS KIDS characters. This research-based program guides children through eight different literacy-building levels in which each level builds on the next. So come and get ready to surf!</p>		●				■						●	●	■	■		

Eight – Arizona PBS Early Literacy																	
Workshop ● & Childcare ■		Arizona Early Learning Standards															
		Social Emotional Standard		Language & Literacy Standard				Physical Development, Health & Safety Standard			Social Studies Standard		Fine Arts				
		Strand 2: Social Interactions with Others	Strand 2: Recognition & Expression of Feelings	Strand 1: Oral Language Development - Concept 1: Listening & Understanding	Strand 1: Oral Language Development - Concept 2: Speaking & Communicating	Pre-Reading Process - Concept 2: Book Handling	Pre-Reading Process - Concept 5: Vocabulary Development	Pre-Reading Process - Concept 6: Comprehending Stories	Strand 1: Physical & Motor Development - Concept 1: Balance	Strand 1: Physical & Motor Development - Concept 2: Coordination	Strand 1: Physical & Motor Development - Concept 3: Fine Motor Development	Strand 2: Health: Concept 1 - Hygiene & Health Practices	Strand 2: Social Interactions with Others, Concept 2: Cooperation	Strand 3: Responsibility for Self & Others, Concept 1: Self- Control	Dramatic Arts Strand, Concept 2: Dramatic Play in Context	Music & Creative Movement Strand, Concept 1: Creating Music & Movement	Music & Creative Movement Strand, Concept 2: Music & Movement in Context
<p>12: "A Place of Our Own/Los Ninos en Su Casa" Positive Parenting & Conflict Resolution: We often make decisions and solve problems for our children to prevent them from making mistakes. But, an important part of helping your children make good decisions is letting them make reasonable choices during your daily routine. During this workshop, participate in a variety of activities and discussion around problem solving and helping children to express their feelings. Learn how to equip children with feelings language and conduct a variety of activities that allow for children to be active and let out physical energy stored up by strong feelings difficult to articulate when they are not yet able to talk.</p>		●	■			■							●	●	■	■	

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■	National Head Start Framework												
	Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
	Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>2: Early Moments Matter- Bonding With Your Child: What a lot of us don't know is how invaluable communication with newborns and young children can be. It is not always obvious but the building blocks for emotional security, self-esteem and life-long happiness come together in the very first days, weeks and months of life. How we communicate with our young children is key to their development. Parents, grandparents and early childhood caregivers play key roles in helping build these secure attachments. Even workshop participants with children older than 18 months will find valuable tips from resources from the PBS This Emotional Life toolkit, <i>Early Moments Matter</i>.</p>	<p>● ■</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>● ■</p>	<p>● ■</p>							<p>■</p>

Eight – Arizona PBS Early Literacy														
Workshop ● & Childcare ■		National Head Start Framework												
		Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
		Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>3: A Picture Book Is Worth a Thousand Words!: Reading is the most important subject in school, and infancy is the perfect time to begin reading aloud to your child. You are your child's primary teacher. Learn strategies for becoming a master story teller, Ten Facts Parents Should Know about Reading, and how to locate the perfect picture book in the PBS Parents Book Finder. Explore helpful hints, activities, and extended projects from Between the Lions to increase your child's interest and comprehension. This workshop focuses on using storytelling to develop a child's language and literacy skills. Many free reading resources will be assembled by participants. So, grab a book and read!</p>		● ■		●		● ■	● ■	● ■					● ■	■

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■	National Head Start Framework												
	Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
	Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>5: I Spy Through Elmo’s Eyes...Literacy Around the House!: Children pick up a lot from the world around them. Find out how PBS characters such as Elmo and Cookie Monster can help parents and children recognize that LEARNING IS EVERYWHERE! Make everyday activities into learning experiences. This workshop focuses on typical early language and emergent literacy skills through a print-rich, literacy-rich environment. Recommendations from the award winning show Between the Lions will be shared. See how easy it is to create inexpensive, print rich crafts and activities. Build literacy and comprehension skills by making your home into a print rich environment.</p>	● ■			● ■	● ■								■

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■		National Head Start Framework												
		Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
		Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>6: Sesame Workshop's Healthy habits for Life! Of course, growing bodies need the right fuel to stay active and learn: Help your child "eat a rainbow" of colorful fruits and vegetables to make sure he gets the nutritious foods he needs. Finding exciting ways to make exercise and healthy eating a part of your everyday routine helps your child build good habits for life. By working—and playing—together, you can live every day the healthy way. Workshop participants create a healthy week banner, celebrate movement with the "Choose a Move" poem and play the "Healthy Land" game.</p>		● ■	● ■	● ■				● ■		● ■	● ■	● ■	● ■	● ■

Eight – Arizona PBS Early Literacy														
Workshop ● & Childcare ■		National Head Start Framework												
		Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
		Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>7: Unlock the PBS Literacy Treasure Chest - Activities to Promote Healthy Habits, Language Development and Parent Advocacy: Did you know that poetry and music encourage language development by teaching rhyming skills? Did you also know that the beat in music teaches children syllables and movement naturally encourages everyone to enjoy the song? Open the PBS Literacy Treasure Chest and explore the beauty of poetry, music and stories. Join a poetry club and practice for a concert with Savannah’s friends by visiting online resources such as Arthur, Fizzy’s Lunch Lab, Sesame Street’s Food for Thought and Mama Mirabelle. See the language benefits of incorporating homemade musical instruments, phonetic games, and nursery rhymes into your child’s early learning experiences. This make ‘n take workshop will provide tools and ideas to develop letter knowledge and phonological awareness skills critical to a youngster’s early literacy, language development, and physical growth.</p>		●		●								●	●	

Eight – Arizona PBS Early Literacy														
Workshop ● & Childcare ■		National Head Start Framework												
		Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
		Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>8: Fit as a Fiddle - Exercise & Nutrition! Inform and educate parents and caregivers about healthy food choices and exercise through supported research and fun activities that will place their children on the path of healthy choices for life. Using choosemyplate.gov and understanding food labels, participants will learn to make sense of daily requirements through fun activities. PBS KIDS Fizzy's Lunch Lab includes activities related to understanding carbohydrates and sugars.</p>		● ■	● ■	● ■				● ■		● ■	● ■	● ■	● ■	● ■

Eight – Arizona PBS Early Literacy

Workshop ● & Childcare ■	National Head Start Framework												
	Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
	Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>9: Discovering Literacy Using Media: Today's kids are technology natives. In this workshop we will explore ways to make TV and other media a healthy part of early childhood. This workshop explores how to select appropriate media and make it into an educational experience. What do you do before, during and after watching a TV program or video? What follow-up activities could extend the lessons of the program? How do you select a video game? In addition, explore tips on how to withstand the pressures of TV advertisements, organize a screen time log and create an origami Clifford. Many valuable resources concerning the media will be available.</p>	● ■		●						●	●			● ■

Eight – Arizona PBS Early Literacy															
Workshop ● & Childcare ■			National Head Start Framework												
			Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
			Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
10: Sesame Workshop's Food for Thought: Eating Well on a Budget! Learn strategies for coping with uncertain or limited access to affordable, nutritious food and get tips for teaching your child healthy eating habits. Help you and your children feeling good about food, making food fun with the resources you have and Brainstorm food and community opportunities around you.			● ■	● ■	● ■				● ■		● ■	● ■	● ■	● ■	● ■

Eight – Arizona PBS Early Literacy														
Workshop ● & Childcare ■		National Head Start Framework												
		Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
		Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>11: Super Cyber Safe: How comfortable do you feel allowing your children to use the internet? Explore tips and learn what you can do to make sure your kids are cyber safe. In addition, this final interactive workshop will take you on a journey to KIP, PBS Kids Island as well as other online literacy resources. KIP was developed by Eight, Arizona PBS-ASSET. This program, based on AZ early learning standards provides practice in a wide variety of pre literacy skills. PBS Kids Island provides free reading games and activities for children, parents and caregivers. Children build an online island carnival by playing reading games with PBS KIDS characters. This research-based program guides children through eight different literacy-building levels in which each level builds on the next. So come and get ready to surf!</p>		●	■				■	■	■	●	●			

Eight – Arizona PBS Early Literacy														
Workshop ● & Childcare ■		National Head Start Framework												
		Social & Emotional Development Domain		Language Development Domain			Literacy Knowledge & Skills	Creative Arts Expression Domain		Social Studies Knowledge & Skills Domain		Physical Development & Health Development Domain		
		Self-Concept & Self-Efficacy elements	Self-Regulation & Emotional & Behavioral Health elements	Receptive English Language Skills	Language & Expressive Language Skills Elements	Engagement in English Literacy Activities Elements	Book Appreciation Element	Drama Element	Art Element	Family & Community Element	People & the Environment Element	Gross Motor Skills Elements	Health Knowledge & Practice	Fine Motor Skills elements
<p>12: "A Place of Our Own/Los Ninos en Su Casa" Positive Parenting & Conflict Resolution: We often make decisions and solve problems for our children to prevent them from making mistakes. But, an important part of helping your children make good decisions is letting them make reasonable choices during your daily routine. During this workshop, participate in a variety of activities and discussion around problem solving and helping children to express their feelings. Learn how to equip children with feelings language and conduct a variety of activities that allow for children to be active and let out physical energy stored up by strong feelings difficult to articulate when they are not yet able to talk.</p>		●	■				■	■	■	●	●			